



Revised Race Notice - changes highlighted

2013 Teck Midget Championships

Date: Saturday, March 2nd, 2013 to Sunday, March 3rd, 2013

Race Location: Mt Macpherson Ski Area, Revelstoke, BC

Host Club: Revelstoke Nordic Ski Club

Revelstoke is pleased to be hosting the Teck Midget Championships. The objectives of this event are to:

- bring young skiers together for a memorable and enjoyable weekend of cross country ski competition and fun
- meet the needs of a wide range of skill levels and ski experience
- encourage achievement through team effort and
- encourage good ski technique.

Race Format:

Date	Race Format	Technique
Saturday, March 2nd, 2013	2.5 km Interval Start 4 x 1.5 km Team Relay	Classic 2 legs Classic, 2 legs Free Technique
Sunday, March 3rd, 2013	300m Sprint Heats	Free Technique

Race Committee:

Technical Advisor (CCBC): Jacqui Richards

Chief of Competition: Dave Kaegi ~ 250-837-5734 ~ wildland@telus.net

Chief of Timing: Richard Brittin

Chief of Course: Wade Viznaugh

Chief of Stadium: Keith McNab

Competition Secretary: Debbie Koerber ~ 250-814-8490 ~ debbie@apexrafting.com

**Rules:**

This is an official, registered Cross Country BC event, however, it is not a sanctioned event. CCC rules to be used as a guide.

Eligibility:

- A CCBC Club, or an Elementary School (that is not officially affiliated by membership to a CCBC Club) can register a Team in this event. Only one Team per club or school can register in the Championships.
- A participant in this event must ski for one Team only, they cannot be registered under both a School Team and a Club Team.
- The Championships is open to individuals that are not affiliated with a club or school.
- Skiers born in 2000, 2001, 2002 and 2003 are eligible (equivalent of grades 7, 6, 5 & 4).
- Skiers may only enter in one age category for the duration of the event. When a skier registers initially, they can move up an age category, but not down.

Licenses:

No ski license of any kind required.

Race Fee:

The event fee is **\$65.00**. This fee includes all trail passes, three races, lunch for registered athletes on Saturday and the Saturday evening banquet.

Race Entries:

Registration will be taken online through Zone4:

<https://zone4.ca/register.asp?id=2782>
You

Registrants are responsible for their own online processing fees.

For race entry information or any troubles using on-line registration please contact the Competition Secretary, Debbie Koerber, at debbie@apexrafting.com or call 250-837-6376.

There is an on-line waiver as part of the zone4 registration. This must be read and 'signed' by the parent or guardian of the racer.

Entry Deadline:

Wednesday, February 27th at 10:00 PM - *NO late entries will be accepted*

Draws:

There is no seeding for this event, just a random draw. The draw will occur on Thursday, February 28th.

Team Captain's Meetings:

Team Captain's meetings will be Friday night at 5:30pm at the Revelstoke Nordic Ski Lodge out at Mt Macpherson Trails and Saturday night after the awards in the Macpherson Room at the Revelstoke Community Center. Bib packages will be handed out at these meetings to team coaches.

Directions to Mt Macpherson Ski Area: 300 meters west of the Columbia River Bridge turn south on Highway 23 South at the lights. Drive 7.3 kms, turn right off the highway at the [Revelstoke Nordic Lodge](#) and the Mt Macpherson Trails.

Course Inspection:

The race courses will be marked and open for inspection by noon Friday. If it is snowing there will not be grooming midday on Friday. The courses will close 15 minutes prior to the race start.

Cancellation Policy:

75% refunds will be provided to participants who wish to withdraw provided notice of withdrawal is emailed to the Race Secretary debbie@apexrafting.com no later than Feb 27th at 10pm. I acknowledge that the Host Club (herein RNSC) may choose to cancel or reschedule an event if travel or course conditions are deemed unsafe (road conditions, road closures, weather, lack of snow, health advisory). I accept that the Host Club is not liable for any costs I may bear as a result of rescheduling or cancellation of this event. Under circumstances of the RNSC canceling the event, the Host club will refund 50% of race fees – notification 7 days; 40% of race fees refunded 48 hrs or less. No refunds for re-scheduled events*. Zone 4 online booking fees are non refundable.

Trail Passes:

Trail passes are included with race fees for all competitors. Those wanting to recreational ski during the event must have a valid trail pass. No skiing alongside race courses will be permitted during the competition. Skiing alongside the race courses WILL NOT be permitted.

Start lists:

Start lists for the Saturday races will be available Friday, March 1st and on-line at www.zone4.ca once they are available. Initial sprint heat positions will be available at the Captain's Meeting at the Revelstoke Community Center after the banquet.

Course & Stadium Maps:

Maps of all race courses and stadium maps will be posted to the Revelstoke Nordic Ski Club website as soon as they are available: www.revelstokenordic.org

Bib Pickup:

Bibs will be distributed at the Team Captain's meeting at the Nordic Lodge on Friday and Saturday evenings. If you are not able to pick up your bibs then they will be available for pickup in the office of the Revelstoke Nordic Day Lodge.

Saturday Individual Start Classic: 8:00am to 9:30am

Relay: **11:30am to 12:00pm**

Sunday Sprint Heats: 7:30am to 8:15am

Relay Race Information:

The relay is a 4 person relay; two legs classic technique followed by two legs free technique. There are two categories: Male or Female. An 'official relay team' is comprised of skiers from the same club or school and the same gender. Female skiers may not compete on official male relay teams. Likewise, male skiers may not compete on official female relay teams.

A relay team which has four skiers which are not from the same club or school can participate as an 'unofficial relay team'. An 'unofficial relay team' can be comprised of male and female athletes. Relay team participants will acquire participation points for their team, however, they will not be eligible for prizes or any points as a relay team.

Coaches: There will be a free on-line registration for RELAY TEAMS on Zone4.ca beginning on Wednesday, Feb 27th at 8:00AM and will close Friday March 1st at 12 midnight. Official relay teams MUST register online with their team name and a list of team members. We prefer Unofficial teams also register online if you know your team make up or at the race office, no later than 9:00 AM Saturday, March 2nd. Any changes to teams, official or unofficial, including order of skiers, must be submitted to the race office no later than 9:00AM Saturday, March 2nd.

Sprints Race Information:

The sprints format used will be the King's Court format. The purpose of this is to ensure that all participants race all three rounds. The top skiers in each heat move up within their category while the bottom skiers move down to ski against other top or bottoms skiers in other heats. Heats may be comprised of up to six skiers.

Initial sprint heat start positions will be based on the Saturday individual classic finish times.

Overtaking of other skiers follows the same rules as in other events except in the marked "finish zone". The leading skier in the marked "finish zone" should stay inside their chosen lane while in this zone and the overtaking skier is required to change lanes.

For safety reasons, it is recommended that all skiers wear protective eyewear when competing in sprint competitions.

Awards:

Individual Awards for Individual Start, Sprint and Relay Events

Prizes will be provided to the top four finishers in each age category for the individual start competition and sprint competition, as well as each member of the top four Official Relay Teams in the relay competition.

Technique Awards

Prizes will be provided for five skiers with excellent classic technique, and to five skiers with excellent skating technique. Evaluation will take place during the classic individual start and free technique sprint competitions.

Team Aggregate Trophy

Each participating club team or school team accumulates points towards the Team Aggregate Trophy. Team points are earned as follows:

	Point Definition	Points value
1	No. of participants in an individual start race	1 point per participant
2	Each participant on an Official relay team	1 point per participant
3	Each participant on an Unofficial relay team	1 point per participant
4	No. of participants in a sprint race	1 point per participant
5	Top 4 placings in the Interval Start race	5, 4, 3, 2 points*
6	Top 4 placings in the Sprint race	5, 4, 3, 2 points*
7	Top 4 Team placings in the Interval Start race	5, 4, 3, 2 points**
8	Top 4 Team placings in a relay event	10, 8, 6, 4 points
9	Top 5 best classic technique	5 points each
10	Top 5 best skating technique	5 points each

**This is in addition to points earned for participation*

*** Based on total time of the best four times*

Points are calculated for official Teams only (i.e. teams comprised of participants from the same club or school). The team with the most overall points wins the Team Aggregate Trophy. A banner will be provided to the winning team, as well as a certificate for each member of the team.

Awards for day 2 will follow the races as soon as possible.

Banquet:

There will be a banquet including dinner and entertainment on the Saturday evening at the [Revelstoke Community Centre located at 600 Campbell Ave](#) in Downtown Revelstoke. Banquet fee is included in the racer's entry fee. Dinner is at 5:30pm, doors open at 5:00pm. For more information please contact Sally Thomson at sally_thomson@telus.net 250-837-1466.

Banquet tickets may be purchased online and is only possible if you are registering an athlete. If are not registering an athlete (coach, official etc) please contact the race secretary debbie@apexrafting.com to request a banquet ticket(s) stating your name, cell phone and the number of tickets you need. These tickets will be available for pick up at the Race Office payment by cheque *Revelstoke Nordic Ski Club* or by cash (exact change please). A very limited number of banquet tickets will be on sale Saturday morning until 9:30 AM. Tickets will not be available for purchase at the door.

Parking and Shuttle Services:

PLEASE NOTE THAT PARKING WILL BE LIMITED ON RACE DAYS. Each team will be able to park two vehicles at the day lodge parking lot, larger teams will receive an additional 1-2 parking passes. Drop offs of equipment and passengers permitted. On race days a 25 passenger shuttle bus will run continuously from designated parking 7km away from 6am until the end of the day.

SHUTTLE SERVICE IS MANDATORY for any vehicle that does not display a parking permit. Parking permits will be handed out to coaches at the Captain's meeting at 5:30pm on Friday night at the Revelstoke Nordic Lodge. Maps of all available parking areas will be posted to the Revelstoke Nordic Ski Club website as soon as they are available: www.revelstokenordic.org

Concession:

A free basic lunch (deli sandwich/fruit/cookie) will be available at the Revelstoke Nordic Lodge concession for all registered athletes. There will be an option to purchase additional hot lunch, hot/cold beverages and snack items.

Waxing:

There is limited power supply and teams may have to share a connection. Power bars are strictly prohibited. There are six exterior plug-ins available. Indoor waxing facilities will be available on a first come, first served basis. Tent coverage for group waxing may be required.

Snow Phone:

Trail and snow conditions can be obtained by calling the Revelstoke Snow Phone at (250) 837-7303 or on our Facebook Page Revelstoke Nordic Ski Club <https://www.facebook.com/groups/131544936913876/>

Revelstoke Accommodation:

Accommodation information was sent out by email October 16th, 2012.

Our preferred accommodation partner is:

1. Revelstoke Lodge, 16 rooms (two queen beds), pass to aquatic center, no breakfast 90.00, +tax confirm# 120523-68074 – Gina www.revelstokelodge.com or 1-888-559-1979
2. Best Western Plus, 50 rooms, hot breakfast, \$129 +tax (see attached) revelstokebestwestern.com or 1-855-837-2043
3. Sandman, 30 rooms, \$109 to \$119 +tax (see attached) contact Tanya www.sandmanhotels.ca/hotels/revelstoke/ or 1-800-726-3626
4. Super 8 super8revelstoke.com or 1-866-926-0888

A limited billeting option is available through our Nordic Ski Racers Facebook Page. Please feel free to make a request on this site. <https://www.facebook.com/events/453635644683931/>

Additional accommodation options available at <http://stayinrevelstoke.com>.

The logo for FISCHER, featuring the word "FISCHER" in a bold, italicized, sans-serif font, followed by a stylized triangle symbol.The logo for SWIX, featuring the word "SWIX" in a bold, italicized, sans-serif font with a red-to-white gradient.The logo for SALOMON, featuring a stylized, swirling graphic above the word "SALOMON" in a bold, sans-serif font.

Event Schedule

Saturday, March 2nd, 2013

10:00AM - Interval Start Race (M/F) - Classic Technique (15 second intervals) Category Distance

Category	Distance
2003 Females	2.5km
2002 Females	2.5 km
2001 Females	2.5km
2000 Females	2.5km
2003 Males	2.5km
2002 Males	2.5km
2001 Males	2.5km
2000 Males	2.5km

1:00PM - Relay Race - 2 legs classic, 2 legs free technique

4 person teams, each leg is a distance of 1.5km

Two categories offered: Male and Female

5:30PM – Banquet at the Revelstoke Community Centre 600 Campbell Avenue. Awards for Saturday's race events will occur at the banquet. Doors open at 5:00PM.

Sunday, March 3rd, 2012

9:00AM – Free Technique Sprint Heats

Category Distance

Category	Distance
2003 Females	300m
2002 Females	300m
2001 Females	300m
2000 Females	300m
2003 Males	300m
2002 Males	300m
2001 Males	300m
2000 Males	300m