

Revelstoke's

# NORDIC SKI REPORT

Volume 8, Issue 4

Box 1618, Revelstoke, BC V0E 2S0

March 2005

[www.revelstokenordic.org](http://www.revelstokenordic.org)

## *President's Message*

The end of the season is upon us. The club held a very successful Lantern Ski and Team Scream Relay fun event. Bev Clark, as usual, was the brains behind the Lantern Ski. Keith McNab and Cam Molder did an excellent job of organizing the Team Scream event. We could not have had a more perfect day! I think there is a good chance it will become an annual event.

Our Rabbit / Bunny program under the direction Sally Thomson and her crew of instructors is remarkable. I believe we have as many children enrolled in the Rabbit / Bunny program as there is in the Nancy Greene Ski League. It is very rewarding to see the ski skills of our young ones steadily improving.

The club is in the process of signing a ten year agreement with the Ministry of Forests, which will give the club authority to charge for trail use. In the new agreement the government provides liability insurance. The agreement is an integral part of the club's success.

The club is now into a major fund raising phase. Our 24-year-old Piston Bully is at the end of its serviceable life. Some of its metal components are crystallizing and breaking after many years of vibration. The club has about \$80,000.00 to put towards a new groomer. We are preparing funding applications to the Revelstoke Credit Union, the Columbia Basin Trust, and the BC Lottery Corporation. The more money we can put towards a groomer, the newer the groomer or the fewer its hours, meaning less repairs and maintenance problems. If you can think of any other source we can approach that may be interested in donating to this cause, please let someone on the club executive know.

I encourage everyone to attend our Potluck Dinner on April 24, as it is a time to acknowledge the hard work and efforts of many club members. This year we have some very special presentations for our groomers. I cannot say enough good things about our groomers or thank them enough. Did you know that they brush our trail outside the formal work parties, spend untold hours maintaining and fixing the old Piston Bully (sometimes in adverse weather conditions), and groom our trails year after year? Over the course of the year the three of them log over 2000 hours of volunteer time. The quality of skiing we all enjoy is solely the efforts of our grooming crew and it is because of their efforts we are now in a position to purchase a new machine. We cannot thank you enough, guys!

-- Ken Gibson

**New Date!**

### ***Year End Potluck Dinner***

Revelstoke Community Centre

Sunday, April 24, 2005

5:00 – 7:00 p.m.

This is our annual year-end family get-together for socializing, showing our appreciation to our volunteers, and handing out awards. Nadine Smith will be coordinating this event. She'd like to know what dish you are bringing. Helpers are needed for setting up the room.



Contact Nadine at 837-4575 or  
[nadinesmith@telus.net](mailto:nadinesmith@telus.net)

## ***Team Scream Tandem Relay Race***

Good weather, a good crowd, and lots of volunteer help combined to make the first annual Team Scream Tandem Relay race a success on February 20, 2005. Teams of two skied independently around Mickey's Loop and tagged each other in the stadium start/finish area. Conditions on Mickey's Loop were ideal for classic and skating technique.

The participation of at least 25 youths added a huge dose of enthusiasm to the atmosphere. There were many entertaining costumes and face paintings. It was great to see teams of young and old, fast and slow, parents and children, friends, and even husbands and wives join together in fun and exercise. A lunch of hamburgers, hotdogs, and chili was enjoyed under sunny skies. Then the youngest skiers had a second race event on Roadway Ramble.

About eighty people attended the awards ceremony. Awards were given out for combined age results followed by door prizes drawn randomly for just about everyone. We would like to thank all the individuals and organizations who volunteered and participated in this event. Start planning your team's theme and costumes for next year!

Many thanks to our sponsors for the Team Scream Relay Race!

- Skookum Cycle and Ski (Salmon Arm)
- Bad Paul's Roadhouse Grill
- Grizzly Sports Bar and Grill
- BC Hydro
- High Country Cycle and Sports
- Revelstoke Alpine Equipment
- Free Sprit Sports and Leisure

### ***Team Scream Race Photos***

Ken Gibson posted pictures from the Team Scream Tandem Relay Race at the following web site:

[http://community.webshots.com/user/ken\\_gibson](http://community.webshots.com/user/ken_gibson). Many thanks to Nancy Geismar for contributing photos.

To download the pictures you need to be a "member" of the site, and membership is free. But here's how to get around having to sign up as a member:

1. Double click on the photo you want to save. A bigger version of the picture will appear.
  2. Put your cursor over the picture, and right-click your mouse.
  3. On the menu that appears, choose "save picture as".
  4. A dialogue box pops up asking where you would like to save the photo. Choose a file folder on your computer. In the box for the file name, type your own name for the photo.
  5. Click "save".
- Or, call Ken at home and he will email the photos to you.

### ***Roadway Ramble Race Results February 20, 2005***

<b>Name</b>	<b>Time</b>	<b>Place</b>
Ali Mohr	6:30	1
Brittany Evans	6:37	2
Hanna Thomson	6:46	3
Kaarina Duncan	7:57	4
Rhys Evans	8:24	5
Isaac Smith	8:26	6
Megan Evans	9:04	7
Marissa Duncan	9:07	8
Emma Magarian	9:29	9
Kellen Viznaugh	10:47	10
Clara Suchy	11:19	11
Bronte Viznaugh	11:33	12
Emily Suchy	12:22	13
NiNoi Stovel	13:40	14
Tayla Koerber	14:30	15
Nicholas Suchy	15:06	16
Bryce Molder	15:19	17
McKenzie Mallett	15:51	18
Colm Molder	16:00	19

***Race Results***  
***Team Scream Tandem Relay Race***  
***February 20, 2005***

<b>Team</b>	<b>Name 1</b>	<b>Name 2</b>	<b>Lap 1</b>	<b>Lap 2</b>	<b>Total</b>	<b>Place</b>
<b>Mixed 80+ Years</b>						
The Pirate & the Beast	Norm Tennant	Tammy Viznaugh	13:33	15:17	28:50	1
Strikers	Cathy Evans	Ken Gibson	18:32	11:38	30:10	2
Stray Cats	Nadine Smith	Stan Smith	23:23	13:04	36:27	3
<b>Mixed 45-80 Years</b>						
Team Ninja	Ali Mohr	Rob Mohr	18:49	11:03	29:52	1
Ski Tips	Rob Evans	Brittany Evans	14:38	16:42	31:20	2
Swiss Miss	Hanna Thomson	Dave Kaegi	20:05	12:24	32:29	3
Mountainous	Dave Percell	Cecilia Percell	20:20	23:16	43:36	4
TTTKB	Aden Romeo	Mary Lou Mohr	37:23	15:24	52:47	5
<b>Mixed 0-25 Years</b>						
Fast Cats	Isaac Smith	Emily Smith	23:12	15:31	38:43	1
Snowbirds	Adam Smith	Emma Magarian	31:48	25:04	56:52	2
May Daze	Tamara May	Richard May	38:25	40:37	1:19:02	3
<b>Female 45-80 Years</b>						
Bolus	Catherine Allen	Jen Stronge	17:53	14:42	32:35	1
Girls with Attitude	Sarra Dupius	Sally Thomson	19:24	13:45	33:09	2
Winter Blues	Mandy Kellner	Lynn Ayers	19:34	19:10	38:44	3
Two-Tutus	Carolyn Duncan	Kaarina Duncan	21:00	21:22	42:22	4
Marmots	Nicole Tattam	Alison Hall	19:11	23:41	42:52	5
Hot Chilis	Susan Pollo	Melissa Pollo	33:24	26:23	59:47	6
Beachie Girls	Sarah Boaz	Ingrid Boaz	45:28	20:55	1:06:23	7
<b>Female 36-45 Years</b>						
Team Koerber	Tayla Koerber	Debbie Koerber	44:45	26:16	1:11:01	1
<b>Female 0-25</b>						
Hoogie Boogie Monsters	Megan Evans	Marissa Duncan	23:54	22:15	46:17	1
Free Spirits	Clara Suchy	Bronte Viznaugh	33:10	31:10	1:04:20	2
Kazak Wild Horses	Emily Suchy	Jebecca Tunebaev	41:53	34:02	1:15:55	3
<b>Male 45-80 Years</b>						
Rescue Patrol	Jeff Bellis	Cam Molder	13:07	11:29	24:36	1
Team Cranky	Jim Martiniuk	Wade Viznaugh	15:54	12:57	28:45	2
Turtles	Rob Sidjak	Chris MacDonald	16:41	13:06	29:47	3
Blue Flash	NiNoi Stovel	Bruce Granstrom	37:44	14:56	52:40	4
<b>Male 0-25 Years</b>						
Top Hat	Cam Kaegi	Jeremy Mohr	17:07	16:22	33:29	1
Fireballs	Rhys Evans	Kellen Viznaugh	28:37	25:10	53:47	2

# *The BC Midget Championships*

Telemark Club, Westbank  
February 25-26, 2005

Cam Kaegi, Hannah Thomson, Brittany Evans, Alei Mohr and Emily Smith went to the BC Midget Championships at Telemark in Westbank. Jeremy Mohr came along to cheer us on. Friday evening was spent relaxing, enjoying a Jacuzzi and early to bed.

Saturday started with a 6:00 a.m. wake up, a healthy breakfast, and off to the Telemark races for 7:30 a.m.. Dave Kaegi and Rob Mohr quickly set up a waxing station while Hannah and Brittany spied on other teams' waxing experts for tips.

The first race, which was a 2 km classic event, started at 9:00 a.m.. With only about 130 skiers it was over by 10:00. We enjoyed lunch and sunshine, and rewaxed for the next event. The relay was 1.5 km with two classic skiers, Alei and Brittany, and two skaters, Hannah and Emily. Cam was put on the spare list and was snatched away by another team. We went back to our hotel for a swim, and then attended a banquet of pasta and sauce and awards.

We slept in until 7:00 a.m. Sunday as there was no need for waxing. The event today was a 300m skate. We were at Telemark for 8:15 with a 9:00 start. The time trials started first to divide skiers into groups of 4. The final race started at 11:00 and finished around 12:30. We all had lunch and anxiously awaited for the awards to take place.

Thank you to Sally for organizing everything, to Kendra for her expert coaching and to Rob and Dave for waxing our skis. Thanks as well to Ken and Norm for the extra lessons and great race advice.

-- Emily Smith

## *Race Results for Midget Championships*

The Midgets competed against the best in their age group with strong teams from across BC. The following are a quick pick of the best race results. The numbers in brackets are the total number of competitors in each event.

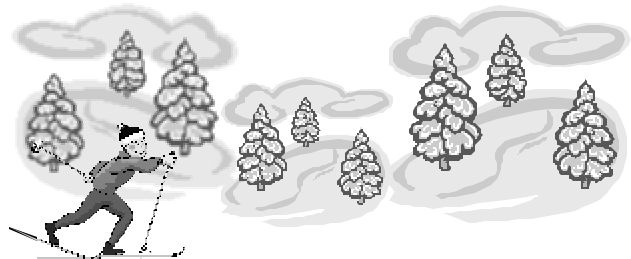
Name	Position	Gender	Year Born	Event
Hanna Thomson	4 (of 19)	girls	1994	3 km classic
Emily Smith	4 (of 19)	girls	1993	300 m sprint
Brittany Evans	7 (of 19)	girls	1994	3 km classic
Alei Mohr	7 (of 20)	girls	1993	3 km classic
Cam Kaegi	8 (of 17)	boys	1993	3 km classic
Relay Team "Stoked"	8 (of 15)	girls		Four person relay

Thanks to coach Kendra Von Bremen and the parents who attended and provided on site race support.

Photographs from the event are at:

[http://homepage.mac.com/kneale\\_quayle/PhotoAlbum4.html](http://homepage.mac.com/kneale_quayle/PhotoAlbum4.html) .

You can follow their procedure for obtaining originals or use the method described in this newsletter for the Team Scream Tandem Relay Race photos.





## ***Ski League for Children***

We had a record level of participation (48) in the Ski League program this season. Sadly, another season has ended but not without smiling faces and lasting memories. We had two goals in mind.... further our skiing skills and instill a love of nordic sport. With the positive feedback from parents and children, I think we did it!

Thanks to the program Leaders Kim Blommestein & Rebecca Parkin for an outstanding Bunny program. Preschool skiers challenge us to be creative and resourceful. You went the extra mile!

Thanks to Rob Evans, Kendra Von Bremen, Simone Palmer and Lorraine Beruschi for giving up your Saturday sleep-in, CBC Saturday morning radio, and morning coffee to help bring enjoyment to our participants. Thanks to Ken Gibson and Norm Tennant for another great season with the Monday After School program. Despite the technical challenges of using video tape to record technique, they gave the group expert technique instruction and practice.

A word of thanks to our back-up, part-time Leaders, Ruth and Tom Harvie, Angus Woodman, Sarra Dupuis and Ingrid Boaz. It takes a lot of hands to make the program run smoothly and we appreciated their occasional help.

We will see families at the Potluck Dinner on April 24 for the *academy award moment* when we hand out the Ski League badge awards.

--Sally Thomson

## ***Belated Thank You for Lantern Ski Help***

In the last newsletter, in the list of people that helped with the Lantern Ski, we forgot to acknowledge Isabel Pallister and Gwynne Battersby who helped with the cabin set up. Thanks!

## ***World Cup Race Volunteers Needed***

The Sovereign Lake Nordic Club of Vernon is seeking hundreds of volunteers to assist in the preparations for hosting World Cup races on December 3 -11, 2005. Check it out at [www.sovereignlake2005.ca](http://www.sovereignlake2005.ca) .

## ***Annual General Meeting***

The Annual General Meeting of the Revelstoke Nordic Ski Club will be held on April 20 at the Ministry of Forests Boardroom, 7:30 p.m. . All members are welcome to attend.



**Revelstoke Nordic Ski Club**

Box 1618, Revelstoke BC V0E 2S0

[www.revelstokenordic.org](http://www.revelstokenordic.org)

*Revelstoke Nordic Ski Club*

***Snow Phone***

For updates on trail conditions call:

**837-7303**

***Web Site***

Trail map, local ski history, and more!

**[www.revelstokenordic.org](http://www.revelstokenordic.org)**

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