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Junior Development Racing

Sunshine and cold conditions prevailed at the Overlander Ski Area located at Stake Lake near Kamloops over the weekend of February 19/20. The Revelstoke Nordic Ski Club had a club showing of 16 athletes to battle it out with 16 other clubs from within BC. On first day event action on a hilly 5 km course using free technique, Megan Evans took 3rd overall among juvenile girls while Hanna Thomson was 5th. Rhys Evans was 6th among Midget Boys, and his sister, Brittany Evans, skied a 7.5 km course strongly finishing in 5th position.

Athletes compete for provincial aggregate awards within the BC Cup Series. Impressively, Revelstoke took the podium at the evening banquet several times receiving awards designed to recognize a consistent effort and achievement across several BC Cups. This is calculated and based pg. on the best 3 individual races out of a possible five

PG2: Potluck PG2: President's Message PG3: Dog survey PG3: Important Uates PG4: Masters events







There are some more Revelstoke Nordic toques available for sale. They come in small/medium or medium/large. There are limited supplies of each size and they are \$22.50 each. There are also a couple of head bands available for \$20.00 each. Please contact Wade if you are interested at 837-2775.



Potluck

Once again, it's time for our annual year-end potluck. Mark April 10 in your calendar! Dinner will be at the Recreation Centre at 5 pm. To help us organize, please let us know how many people in your party and whether you're bringing a main dish, an appetizer or a dessert. Email Mary Clayton (<u>maryclayton@telus.net</u>) with the information, and let's get together and celebrate the season. See you April 10!

Junior Development continued...

events held as part of this series. We congratulate the following team members for a great effort over the season and in being honoured with this special provincial award:

> Aleks Klassen – 3rd Pee Wee Boys 2001 Beth Granstrom – 3rd Pee Wee Girls 2000 Rhys Evans – 3rd Midget Boys 1997 Hanna Thomson – 2nd Juvenile Girls 1995 Megan Evans – 3rd Juvenile Girls 1996 Brittany Evans – 3rd Junior Girls 1994

On day two of the BC Championships, the fun began with the ever popular 3 person relay events, classic style. Our club teams decided on a mix of abilities to spread experience and opportunities around making medals a lower priority. It was particularly encouraging to watch 10 parents entered in the Master's category. They skied a team relay of 5 km laps and vowed to ski more and get fitter! Special mention to Kellen Viznaugh and Rhys Evans who skied the three person relay with Rhys doing a second lap to take second place in the midget boys category.

Megan & Brittany Evans, Hanna Thomson and Bronte Viznaugh are off to the Haywood Nationals being held March 11-19 in Canmore competing in 5 events. They are presently training with zest to do the best they can. We wish them fast skis and good results!

President's Message

As I write this at the beginning of March, it is snowing and feels like the middle of winter! What a ski season this has been. The club has experienced many firsts; new Day Lodge and Maintenance Facility, hiring of a Day Lodge Custodian, first races on the new sprint loop, record high membership numbers and day use fee collection levels, a slate of new groomers coming on board to assist with trail grooming, record high participants in our Children's programs, test run of a Dog loop trail, and near record level snow fall amounts and incredible snow coverage on our trails! It has been a very busy and productive season so far and by the looks of it, we still have a good couple of months of skiing ahead of us. On behalf of the Club Executive, I would like to thank all of the many club volunteers who have helped out this season with various tasks ranging from staffing the ticket office, assisting



President's Message continued...

with our various special events, participating as leaders and coaches in our children's' programs, and grooming our trails. We still need more club members to volunteer their time on weekends to staff the ticket office. Coverage is a two hour block of time (10AM to noon, and noon to 2 PM) Saturday and Sunday. Our custodian covers the weekday time slots. If you have not already volunteered in some capacity this season, please contact our Ticket Office Coordinator Nadine Smith (250-837-4575) to sign up for a time slot.

Speaking of grooming, we have a new group of trail groomers



March 14th, Last day to complete dog survey. April 10th, Potluck April 11th, AGM

who have taken training this season and are slowly learning the fine art and science of trail grooming. Please have patience with the quality of grooming as these volunteers gradually perfect their trail grooming skills over time. Remember that if you show up and the trails have not been groomed, they most likely will be groomed later that day once the volunteer groomer has finished their day job or other commitments. We realize how important grooming is, and we are always working to make it as good as possible.

Don't forget about the upcoming AGM and end of season potluck dinner.

Enjoy the remainder of the ski season and see you on the trails or in the Day Lodge. Dave Kaegi

Club President



DOGS

Greetings skiers!

The Revelstoke Nordic Ski Club Executive has accepted my offer to act as a liaison for the dog trail. I have lived in Revelstoke for 11 years and have had the good fortune to cross-country ski at dozens of areas. The friendships I've made through the Nordic Club are special to me.

I have spoken to a couple of fellow members who have reservations about allowing dogs, and I have spoken to several pass holders who value skiing with their dog.

We are very lucky to be able to enjoy Macpherson. Our club has successfully evolved to include the different methods of traveling our network of trails. The goal is to establish guidelines that respect all users.

I would especially like to hear from anyone who wishes to continue to be allowed to ski with their dog at the Macpherson trails. Please contact me at hilshum@telus.net with any specific suggestions or comments--positive or negative. The solutions might be easier than you think. Paula Hill

We want your opinion! What do you think of the new dog trail? Please take 5 minutes and **complete the following survey** https://www.surveymonkey.com/s/D2X37RX. The survey will be available online until March 14th. Paper copy newsletters will include a paper copy survey. Please only one submission (paper or online) per member. The link will also be emailed to all members, in the body of the email with this newsletter. We look forward to hearing from you.





Final preparations are being made for a small but hardy group of Revelstoke master's skiers to attend the Master's World Cup in Vernon. Over 1100 skiers will be racing! Registration for the event has closed, but organizers will likely be accepting volunteers until the last minute. If anyone would like to attend in this way, check http://www.mwc2011.com/ for details.

Organized evening and night master's skis have ended for the season. If anyone would like to keep a group going at a regular time, post you suggestion on Facebook at RNSC Masters Racing.

Thanks to everyone who came out to attend the level I officials clinic, and also to the limber skiers who participated in nordic yoga. The club will be considering more of the same for next fall, depending on feedback, so feel free to send your comments to rnscmasters@yahoo.ca.



Ski Conditions

The Revelstoke Nordic Masters have created a new Facebook group for sharing updates on nordic ski conditions. Any group member can share their ski experience for the benefit of those planning to ski later in the day or the following day. This can include what has been groomed, the skate and classic conditions, waxing success and failures, and weather conditions. An example post would be "Skated Main Loop and Log Roller this morning at 9am, trails were freshly groomed and in excellent shape (thanks groomers), it was -5 deg. and snowing very lightly". Everyone planning a lunch ski will be very happy to get this news! The group can be found and joined at "Revelstoke Nordic Ski Conditions". Please note the group is open, so members and contents are viewable. In conjunction with the snowphone, this will give us lots of information







The Nordic Club held the annual Team Scream Tandem Relay Race on Saturday Feb 12 at the ski trails on Mt Macpherson. The event was a great success with over 80 competitors competing in a variety of categories. Road closures prevented most out of town racers from attending, though we did have several racers for Salmon Arm and a group from New Denver.

The club added two new categories this year. Twelve racers entered the new Individual Pursuit category where each racer does two loops; one lap of classic and one of skating. That creates lots of action in the stadium area as racers change skis and poles then head out for the second loop. A second category was also added this year for parents pulling their kids in a chariot. That added a new meaning of taking your kid to the races and lots of action for spectators.

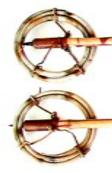
The costume theme this year was Western/Cowboy so the lodge was full of cowboys, cowgirls and horses. We even had one cow show up for the event. The new day lodge was buzzing all day with racers and spectators.

The Ski Club also added a short ceremony to the day by having the Grand Opening of the new day lodge just before the start of the race. The club president Dave Kaegi gave a short speech thanking all the funding agencies, local businesses and volunteers for making the fabulous new lodge possible. Dave then cut a ribbon and declared the new lodge officially open!









The AGM will be held on April 11th at 7pm at the day lodge. We hope you can make it out to vote and provide feedback. See you there!