Revelstoke Nordic SKIREPOBI January 2011, Volume 14, Issue 2



For the first time in our groomers' history, it now has a home with a roof over its cab. After 16 years of outdoor storage at MacPherson Lodge off of Clough Road, the groomer is now happily ensconced in the new Maintenance Facility. The previous owner Lisa Longinotto and current owners Wendy and Graham Harper of MacPherson Lodge generously allowed the groomer to be stored on their property. This offer was critical in enabling the Club to provide trail grooming services at the Mount MacPherson Nordic Ski Trails by allowing the groomer to be stored in a safe and secure location. On behalf of all members of the Revelstoke Nordic Ski Club, we wish to extend our thanks to Lisa, Wendy and Graham for their generosity and support over all these years.



Wendy and Graham Harper (centre) being presented with a gift of an historic Revelstoke skiing photo by Alan and Evelyn McInnes.



Thanks Brian!

It is with much regret that we announce that Brian Abear has stepped down from the grooming team. Brian has been a vital member of the team for many years and his leadership will be missed. In addition to his remarkable volunteer commitment to grooming and maintaining the Macpherson trails both winter and summer, Brian also gave many years as a member of the Nordic Club's board of directors.

"Brian has made a tremendous contribution over the years and played an important role in building our club," said President Dave Kaegi. "All the best in the future, Brian. We're looking forward to seeing you on the trails!"

The New Normal

Our little club is growing and that means the person checking tickets just might not know your face anymore. You may be a born-and-raised Revelstokian and a long-time member of the club. But if the attendant on duty is new to town, or new to our club, you can't expect them to know who you are or if you've paid your member dues.

Membership dues and trail fees are an important part of our club's revenues, so we need our attendants to check each skier's pass. Yes, it's a small town and many of us know each other well. But our club is changing. Carrying your membership card or, better yet, wearing it on your jacket or belt pack, is the new normal.

Please help the attendants do their job and wear your membership card proudly!

President's Message

Well we did it with a little help from Santa! On Christmas day, our new Nordic Day Lodge opened for club members and public use. Since that day, the lodge has been the hub of activity with people coming and going before and after their ski. Judging from the smiling faces of people relieved to hear that we now have indoor plumbing, there will be a lot of happy parents (and everyone for that matter). None of this could have happened were it not for the tremendous amount of volunteer help we received from you, our club members.

Our new facilities are a true reflection of the incredible spirit Revelstokians so often exhibit of rolling up their shirt sleeves and jumping in with full energy to see a project rise from an idea through to completion. To all of you that helped out at the various stages throughout the construction, on behalf of the Club Executive, we thank you. For those of you who were unable to help during the construction phase, we still have plenty of opportunities for you to help in the future. We now have a fully functioning ticket office that operates 7 days a week. The more volunteers we have to staff the Ticket Office (2 hour shifts from 10AM to 12 noon, and 12 noon to 2PM), the more revenue we can bring in for the club coffers. Nadine Smith, out Ticket Office Coordinator, would be pleased to slot you into a time spot throughout the winter season. She can be reached at 250-837-4575 or nadinesmith@telus.net. By the end of January, the Lodge will for the most part, be complete. There will still be a small number of items we wish to complete this coming summer once we have raised more funds. We wish to install a pellet stove in the Day Lodge, a wood burning stove in the Maintenance Building, a disabled access ramp from the parking lot and fully supplied kitchen (pots, pans flatware, utensils, etc.).

The Lodge is open daily from 9 AM to 7 PM. Please feel free to bring family and friends out to enjoy a winters day in the comfort of our lodge. Our new Day Lodge belongs to you, our club members. Please ensure you, your family and friends treat it as if it is your own home.

Have a great winter and see you on the trails or in the Lodge.

Dave Kaegi Club President



Ski League 2010/11

We're breaking records all over the place this winter! This year, we're proud to announce that we have 92 kids in our Ski League program. That makes for a pretty busy Saturday morning but if you've ever wondered why we built that lodge, drop by next Saturday and you'll see a couple of hundred reasons why it was such a great idea. Moms and dads are warm and comfortable; little skiers and their siblings are bustling around with rosy cheeks and hot-chocolate smears on their chins. It's a beautiful sight. We keep our Ski League costs down by using volunteers. But with 92 kids, we're stretching our coaching capacity. If your child is in Ski League, or if you're interested in helping out, why not join us? To coach bunnies, ages 4 – 5, requires an Introduction to Community Coaching (ICC) course. To lead the rabbits, ages 6 – 10, requires a Community Coaching (CC) course. We will run one of each of these courses this coming fall. Please contact Mary Clayton if you're interested.

Record Setting

Our 2010/2011 Ski Club membership has hit an all time high. We now have over 400 members; the most we've had in 15 years!



Jenna Bollefor at Ski League

Maintenance Building



Al McInnes and Wade Viznaugh with the groomer inside the new Maintenance Facility.



Prominent Visitors



Liberal leadership candidate Moira Stillwell, chatting with Britt and Megan Evans. Moira visited our new day lodge when she was in town in early January and she was very impressed with our lodge and our community.

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Team Scream 2011

The Team Scream Ski Relay race will be held this year on Saturday February 12, 2011 at the Mt Macpherson Ski Trails. Registration is from 9:30 to 10:30 with the race starting at 11:00. The format for the tandem race is the same as previous years with two skiers, one classic and one freestyle, each skiing a lap around the Mickey Olson Loop. This year we are adding two additional categories: an individual pursuit where one skier does both the classic and freestyle laps themselves and a category for parents pulling Chariots! The emphasis as always for this race is on participation and FUN so get a partner or get organized to do it yourself and come out to enjoy the fun. If you can't find a partner come out to watch or we'll help match you with a partner. A prize will be awarded for the best costume again this year. This year the theme for costumes is Western/Cowboy.

We need a couple more volunteers for this event. If you can help, please contact Keith at ikmcnab@telus.net.

Don't forget to bring your own bowls and spoons for chili; we're trying to use less disposable dinnerware!



Dogs



After many years of requests from dog owners, your board of directors voted to establish a dog loop on a trial basis for the 2011 season. The dog loop goes from the stadium to Roadway Ramble, down Easy Al's to the bridge, up Short Hop and back to the stadium via BCIT to Roadway Ramble. The stadium and parking lot are "on-leash" areas; the rest of the dog loop is off-leash.

Of course there are certain hazards to including dogs. We hope the leash policy will keep dogs under control in the most-crowded areas. Dog owners are expected to clean up after their pets and we all want to see compliance on that rule. And paw prints aren't the best thing for our trails but then again, neither are moose prints!

The board's aim is to grow our club and already we are at a record high for memberships. We have received emails and have had conversations with many dog owners who have told us they became members this year because of this new policy. But we need all dog owners to realize this is a trial period; their behaviour will play a major role in determining whether the Revelstoke Nordic Ski Club remains dog friendly, or not.

As we look to other clubs we see that many of them have dog loops that are completely separate from their other trails. If the decision is made to continue as a dog-friendly club, we would work towards establishing a separate loop for dogs, perhaps one that connects with the Mountain Climber trail that has historically always been open to dogs. At the end of this season the impact of the dog loop will be assessed. Some of the factors to be weighed

will be assessed. Some of the factors to be weighed include the growth in club membership, as well as feedback from members (positive and negative). Please feel free to contact any board member with your input on this initiative.



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SKI SCHOOL, SKI RENTALS AND TUCK SHOP FOR 2011/12 SKI SEASON

How would you like to see a Ski School, Ski rentals and a Tuck Shop (selling items such as ski wax, muffins/cookies, soups/coffee/tea/fruit drinks, etc) operate out of the Ticket Office next year? The Executive of the Revelstoke Nordic Ski Club has issued a Request for Proposals (RFP) for interested individual(s) to submit a Business Plan that outlines how they would provide such a service. If you are interested or know someone who might be interested in undertaking such a venture, the RFP has been posted on the Club's website (www.revelstokenoridc.org).

THANK YOU!

Construction of the new Lodge was truly a community supported project. It wouldn't have happened without all of the donors and volunteers. Many individuals gave up weekends and weeknights to lend a hand. Many local business and groups contributed supplies, time and resources to make the lodge ours. A sincere thank you to everyone who helped make this happen!

The Revelstoke Nordic Ski Club thanks the following:

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Thanks to Journeyman Carpenter Bob Dickson and his team

Thanks to all the club members and executive members who provided hundreds of volunteer hours on this project

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Masters Updates

The RNSC Masters are again hosting a yoga series developed for Nordic skiers. Each of the six weekly classes will comprise a complete physical practice designed around themes, including shoulder and upper arm strength, hip flexor and quad strength and flexibility, core awareness and strength, and breath and mental acuity. Sessions are Tuesday's 7:15-8:45pm at Taproot, starting Jan. 18th and running for six weeks. The drop in fee will be \$10. Contact Pete at rnscmasters@yahoo.ca for more information.

A big thanks to Wade Viznaugh for putting on a waxing clinic for us on Jan. 13th. We've all bought shares in Swix and are now ready to update our wax kits! Glide and grip waxing was covered, and we're busy practicing our new techniques, and going faster.

The RNSC will be hosting a local Nordic ski race on Saturday, January 29th at 13:00. The race will be open to both classic and skating, and racers will have a choice of skiing 9km or 18km. Final details will be announced soon. Several volunteers will be required. If you can help out, please contact Pete at rnscmasters@yahoo.ca or 837-3476.

Masters weekly training sessions are ongoing, and run Saturdays at 12:30 and Thursday nights at 7pm. Saturdays are a variety ski, and Thursday night skis focus on intensity intervals using the stadium loop or other short loops. Weekly updates are posted on Facebook at "Revelstoke Nordic Masters".

Preparations are continuing for the Master's World Championships in Vernon this March. If you are interested in racing or volunteering and taking advantage of this rare opportunity, check out www.mwc2011.com.





Moonlight Ski

Join Parks Canada for the 27th Annual Moonlight Ski on Mount Revelstoke, Saturday, February 12th from 4-8pm. Ski by moonlight along the Meadows in the Sky Parkway, up to the Monashee Shelter (8km) for hot chocolate, cookies and a cozy fire. Be sure to bring your own mug. Admission is free and everyone is welcome. Parking is available at the entrance kiosk to Mt. Revelstoke National Park.

Note: The date has changed due to weather conditions from this Saturday to February 12th!

Lodge Naming

Glen O'Reilly of Selkirk Design-Works, who made a major contribution to the design of the lodge, is proposing a name for the building: Rutherford Lodge. Craig Rutherford became a member of the Revelstoke Ski Club in the 30's and went on to be the Club's President in the 1940's. Records indicate that "Craia" Rutherford put a lot of energy into the Revelstoke Ski Club and was the chairman of tournaments committees for Winter Tournaments". He is also credited, among others, for helping to sustain the Club during World War Two. However it was his most famous achievement that so few people recognize him for. It was Craig Rutherford who built Revelstoke's first ski lodge, the Heather Lodge on the summit of Mt. Revelstoke. The Heather Lodge is no longer standing, however its image has become an icon in our community, yet the man who inspires its creation is all but forgotten among other more famous legends of Revelstoke's skiing history.

What do you think? We'd love to know your opinions. Comments can be sent to info@revelstokenordic.org





Message Board

If you have used gear to sell, please put a notice up on the cork board at Mt Macpherson. There are always people looking for used gear that would love to help you get it out of your basement!

Lodge Caretaker

The club is currently seeking a caretaker to manage and live at the lodge. This is a great opportunity to live where you ski, in one of the most beautiful parts of Revelstoke. For a complete job description, check out www.revelstokenordic.org.



Daniel Blackie racing in Revelstoke

Grand Opening

The Team Scream on February 12th will coincide with the official grand opening of the lodge. Mark the date on your calendar, and make sure you come out even if you aren't participating in the race. More details to follow soon!









Box 1618 Revelstoke, BC

Snow phone

Website

For updates on trail conditions call:

Trail map, local ski history and more!

250-837-7303

www.revelstokenordic.org

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