

SKI REPORT

February 2013, Volume 16, Issue 2



Membership

Current registration is over 440 members!
Memberships are available for purchase
online at www.zone4.ca. Membership cards
are ready for pick up at the lodge office about
ten days after purchase.

Box 1618, Revelstoke, BC.
info@revelstokenordic.org

Presidents Report

We are now into the mid way point of our ski season, by all accounts it's been going great. The ski conditions have been stellar for both classic and skate skiing. Thank you to all of the volunteer groomers for their many, many hours of work. The annual Lantern Ski on January first was once again a well run and attended event (thank you Brendan and volunteers). Our new coach, Matt Smider, has been busy with the kids ski programs and running Masters Ski sessions. The Mom and Tots weekly Friday morning child care and ski sessions are well attended. From all accounts, 2012/13 is proving to be another successful season.

As many of you know, the Club will be hosting the 2013 Teck Midget Championships on March 2nd and 3rd. This event draws skiers ages 10 to 13 from across BC for a memorable and enjoyable weekend of cross country competition and fun!

We anticipate that between 160 and 225 skiers and their families will converge on Revelstoke for this event. Hosting this event requires the assistance of many volunteers (see article inside about how to volunteer). It should be a great event to watch and participate in. Please be aware that on that weekend, the parking lot will be closed to all vehicles except those with a parking permit. A free shuttle bus service will be available to all skiers. The old Shell bulk plant adjacent to HMC highway contractor will be ploughed for vehicle parking. This will be the location to catch the shuttle bus. More information will be provided to club members as the event approaches.

As you will have noticed, the parking lot has become more congested than ever before with vehicles. This is in part due to the ever increasing popularity of the "Fingers" area for ski touring. The end result is that we are currently investigating options to increase the amount of parking spaces available for club members, ski tourers/snow shoers and members of the public. We'll keep you updated as this project progresses. Continue to get out and enjoy the great cross country skiing!

Happy trails!

Dave Kaegi, Club President

Skiing with your dog

Hello fellow club members.

I hope you have been out taking advantage of our wonderful Nordic area. The grooming has been fabulous and the lodge has been welcoming.

As of today our club has 149 members registered to ski on the designated loop with their dog. The total club membership is 462!

The vast majority of doggers have shown great respect for Macpherson. Please encourage skiers' to pick up their dog's poo (and to properly dispose of the bag). A single pile of poo can undermine our efforts.

Over the past few months I have heard from several members. Thank you for all the feedback. The RNSC dog loop is a special opportunity to ski with your dog unleashed on groomed trails. For many it is a valued part of a weekly routine. However, dogs bring an element of unpredictability to skiing. Skiing with a dog requires the owner to teach their dog the proper behaviours. We have members that are concerned about dogs running uphill toward them as they ski quickly downhill. Macpherson has many steep, twisty trails.

The possibility of collision and various solutions have been considered extensively by the RNSC board. There are no definite plans to extend or reconfigure the dog loop at this time. A short connector trail within the dog loop between BCIT and Easy AI's is now available for all members to use. It is too narrow now to be groomed extensively. This would allow members with dogs to ski additional laps on the dog loop while eliminating the hills and avoiding Roadway Ramble.

I welcome comments and questions about the dog loop. I feel lucky to be able to share this extraordinary area with you. Paula Hill



Teck Midget Championships

Revelstoke Nordic Ski Club is pleased to be hosting the Teck Midget Championships March 2 and 3. This will be the first provincial level race held at the Revelstoke Nordic Center and offers a great opportunity to showcase our club, our trails and our community. The purpose of the event is to bring young skiers, birth years 2000-2003 (ages 9-12) together for a memorable and enjoyable weekend of cross country ski completion, including a banquet and entertainment. We are expecting approximately 200 kids to attend this race from all over BC, Alberta and Washington State.

For the event to be successful we will require approximately 70 volunteers to ensure it runs smoothly. Volunteer positions include parking attendants, timing, course set up and many others. No experience is needed to help ensure our club hosts a successful race that we can be proud of. If you would like to be part of this fun event send an e-mail to Penny Page-Brittin at brittins@telus.net. Please help to make the 2013 Teck Midget Championships a success!

ParaNordic Program

Along with the able bodied race team, the para race season is in full swing. Training has been going great and we are working with our head coach, Matt, to ensure a successful season leading to Nationals in March. We recently raced at the BC Cup#2 with three other para nordic skiers. Tony Chin, who is the Para Nordic Coordinator for the province, has successfully made the BC Cup races a para-nordic series which gives the para community a provincial platform with which to compete at. I can attest that even in one year I have seen remarkable positive changes to the racing system that allows para nordic skiers to race alongside able bodied athletes.

I continue to work with Revelstoke Adaptive. My primary objective has been to piggy back on to the downhill para program to spread information and make available any nordic skiing opportunities for people with disabilities. If anyone with a disability would like to try out nordic skiing please contact Debbie debbie@apexrafting.com for more information. Debbie Koerber



Team Scream Twenty13!

The Team Scream Ski Relay race will be held this year on Saturday February 9, 2013 at the Mt Macpherson Ski Trails. Registration is from 9:30 to 10:30 with the race starting at 11:00. The format for the tandem race is the same as previous years with two skiers, one classic and one freestyle, each skiing a lap around the Mickey Olson Loop. The best combined time in each category wins. This year we are also including the category of individual pursuit where one skier does both the classic and freestyle laps themselves.

The emphasis for this race is on participation and FUN so get a partner or get organized to do it yourself and come out to enjoy the fun. If you can't find a partner come out to watch or we'll help match you with a partner.

A prize will be awarded for the best costume. This year, the theme for costumes is Starwars so designing a costume should be lots of fun; use your imagination. We expect to see lots of great costumes!

The club is providing free burgers for all participants and spectators, just to add to the fun.

There is no cost for the race if you are a club member – non members pay the day rate.

After the race there will be a short race for the Ski League Bunnies and other young skiers.



Ski League and Race Update

Our 27 Rabbits, 25 Track Attack and 7 Junior Development skiers have been on snow since the beginning of December, while our

24 Bunnies have been hopping around since the first Saturday in January. The earlier than usual start for our older skiers has meant that skills have already improved considerably and we still have two months of skiing left! To date, our skiers have participated in the following memorable events during Saturday's programming: Pancake Breakfast Kick-Off, Sprint Relays, Obstacle Courses and the Little Dippet Loppet. The second half of the season promises to be equally eventful with our Downhill Day and the Mini Olympics. Interested Track Attack skiers have the fortunate opportunity to participate in the following Trailblazer events throughout the season: Environmental Awareness Day, Avalanche Awareness and Rescue Dog Demonstration, Winter Survival Lessons and an Overnight Camping Trip. A big thank you goes out to our dedicated volunteer parents and coaches who devote countless hours to ensure the continued success of our Ski League program.

The race-oriented Rabbits, Track Attack and Junior Development skiers have been training hard and proudly representing Revelstoke Nordic at competitions throughout the province. Congrats to all racers on their achievements to date!

Parking: March 2nd & 3rd

Attention all club members: On March 2nd and 3rd Revelstoke Nordic Club is honoured to be hosting the Teck Midget Provincial Championships. This race will attract 9-12 year old athletes from every corner of British Columbia. Because of the huge number of skiers coming to Macpherson that weekend, the PARKING LOT WILL BE CLOSED TO ALL SKIERS. There will be parking and a shuttle available at the Shell bulk plant beside the HMC Yard, on the west side of Hwy 23 S, about 200 m south of the TCH. Buses will run approximately every 15 minutes at no charge. This is important information for all Nordic and back country skiers. If you have a dog, or are driving a large group, you are welcome to drive your dog or a group of skiers to the trails, and then have the driver go back down to the shuttle drop off at the HMC Yard. If you are leaving a dog, please leave them supervised at the hitching post. Thank you in advance for your cooperation and patience in this matter.



Race Results

Below is a list of the events we've participated in and result highlights:

BC Cup 1 - Sovereign Lake Nordic Club, December 8th and 9th

13 RNSC skiers participated

Jaclyn Elliott - 4th in Pee Wee Girls 2 Classic Mass Start; 3rd in Individual Start Free

Hayden Mallett - 3rd in Bantam Boys 2 Classic Mass Start; 5th in Individual Start Free

Simon Blackie - 5th in Bantam Boys 2 Classic Mass Start

Alana Brittin - 2nd in Midget Girls 1 Classic Mass Start; 4th in Individual Start Free

Beth Granstrom - 5th in Individual Start Free

Megan Evans - 3rd in Junior Girls 1 Classic Mass Start; 1st in Individual Start Free

Emily Suchy - 1st in PN Womens Sit Ski Sprints; 1st in Individual Start

Okanagan Cup 1 - Larch Hills Nordic Society, December 30th

22 RNSC skiers participated

Nelson Luxmoore - 2nd in Pee Wee Boys 2 Classic Mass Start

Alana Brittin - 1st in Midget Girls 1 Classic Mass Start

Elizabeth Elliott - 3rd in Midget Girls 1 Classic Mass Start

Haden Mallett - 2nd in Bantam Boys 2 Classic Mass Start

Simon Blackie - 4th in Bantam Boys 2 Classic Mass Start

Calum Gribbon - 5th in Bantam Boys 2 Classic Mass Start

Gordon Mason - 3rd in Junior Boys 1 Classic Mass Start

Tayla Koerber - 1st in Juvenile Girls 2 Classic Mass Start

Maxine Opatril - 5th in Juvenile Girls 2 Classic Mass Start

Bronte Viznaugh - 1st in Junior Girls 2 Classic Mass Start

BC Cup 2 - Telemark Nordic Club, January 12th and 13th

19 RNSC skiers participated

Nelson Luxmoore - 2nd in Pee Wee Boys 2 Classic Sprints; 4th in Individual Start Free

Jaclyn Elliott - 2nd in Pee Wee Girls 2 Classic Sprints; 4th in Individual Start Free

Simon Blackie - 5th in Individual Start Free

Alana Brittin - 3rd in Midget Girls 1 Classic Sprints; 3rd in Individual Start Free

Elizabeth Elliott - 4th in Midget Girls 1 Classic Sprints

Megan Evans - 1st in Junior Girls 1 Classic Sprints; 1st in Individual Start Free

Bronte Viznaugh - 3rd in Junior Girls 2 Classic Sprints

Emily Suchy - 1st in PN Women Sit Ski Sprints; 1st in Individual Start

Reino Keski-Salmi Loppet - Larch Hills Nordic Society, January 19th

22 RNSC skiers participated

Nelson Luxmoore - 4th in 8 - 10 Male 6km Classic Mass Start

Emily Suchy - 1st in PN 17 & Under Female 6km Classic Mass Start

Megan Evans - 1st in 14 - 17 Female 18km Classic Mass Start

Hanna Thomson - 4th in 14 - 17 Female 18km Classic Mass Start

Tayla Koerber - 5th in 14 - 17 Female 18km Classic Mass Start

Sally Thomson - 3rd in 18 & Over Male & Female 10km Classic Mass Start

Robert Evans - 5th in 18 & Over Male & Female 18km Classic Mass Start

The competition schedule continues until the end of March with several title events on the horizon. Revelstoke Nordic will be represented at the following races and loppets throughout February and March:

BC Championships - Caledonia Nordic Ski Club, February 2nd and 3rd

Team Scream - Revelstoke Nordic Ski Club February 9th

Okanagan Cup 2 and Overlander Loppet - Overlander Ski Club, February 16th and 17th

Western Canadian Championships - Wapiti Nordic February 23rd to 25th

BC Midget Championships - Revelstoke Nordic Ski Club, March 2nd and 3rd

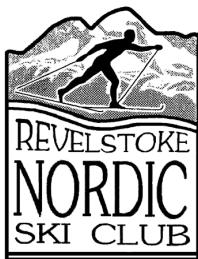
Okanagan Cup Finale and Sovereign Lake Loppet - Sovereign Lake Nordic Club, March 10th

Canadian Championships - Callaghan Valley Cross Country, March 23rd to 30th

Wish our racers good luck and stay posted for upcoming results! Another big thank you must be extended to all volunteer parents who support our skiers in numerous ways including driving, waxing, cooking, logistics planning, start line preparation, photography, media reports and much more.

See you on the trails!





*Box 1618
Revelstoke, BC*

Website

Trail map, local ski history and more!

www.revelstokenordic.org

Snow phone

For updates on trail conditions call:

250-837-7303

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