

# **Revelstoke Nordic Ski Club**

## **Annual General Report**



**April 16, 2012**

**Revelstoke Nordic Ski Lodge**

**Revelstoke, BC**

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Revelstoke Nordic Ski Club

Annual General Meeting

7:00 PM April 16, 2012

Revelstoke Nordic Ski Lodge

**Agenda**

1. Adoption of Agenda
2. Review of 2011 meeting minutes
3. Presidents Report - Dave
4. Membership Report – Debbie
5. Masters Racing Report – Pete
6. Ski League Report – Mary
  - a. Coach Andrei Report
7. Junior Development Report – Wade
8. Treasurer’s Report – Bruce
9. Trails Report – Kevin
10. Newsletter/ Awareness Report – Brendan
11. Dog Users Report – Paula
12. Election of Directors – Keith
13. New Business
  - a. Motion to increase number of Directors on the Executive from 9 to 11

In order that we have up to 11 directors and keep about half of the directors changing each year, a change is required of the By-Laws as follows:

Section 21 c) currently says:

- c) There shall be a **maximum of 9** directors.

The wording should be changed to

- c) There shall be a **maximum of 11** directors.

Section 22 b) currently reads:

- b) The directors shall be divided into two groups composed of four directors in each group. At the first annual general meeting following the adoption of this clause those four directors elected with the highest number of votes shall be elected for a two year term; those four having the next highest number of votes shall be elected for a one year term. In the case of directors having an equal number of votes the term of the directors shall be determined by a draw. The term of office of each group of directors duly elected at subsequent annual meetings shall be for two years. The members at an annual general meeting may decide to elect one additional director for a one year term provided that only 9 directors are in office at any one time.

The wording should be changed to:

b) **The term of office of each director shall be 2 years.**

b. A motion to adopt a fee increase to day use and annual memberships fees as follows

### RNSC PROPOSED FEE INCREASE

Category	2012 existing fees		2012 Annual fee with CCBC Insurance fee		2013 Proposed Fees		2013 Proposed Annual fee with CCBC Insurance fee	
	Day Use	Annual	Day Use	Annual	Day Use	Annual	Day Use	Annual
Child < 5 yrs	Free	Free	Free	Free	Free	Free	Free	Free
Youth 6-15 yrs	\$4.00	\$25	\$4.00	\$35.00	\$5.00	\$29.00	<b>\$5.00</b>	<b>\$39.00</b>
Adult > 16 yrs	\$7.50	\$75	\$7.50	\$85.00	\$9.00	\$87.00	<b>\$9.00</b>	<b>\$97.00</b>
Family	\$18.00	\$188	\$18.00	\$188.00 + \$10 per family member	\$21.00	\$216.00	<b>\$21.00</b>	<b>\$216.00</b> + \$10 per family member
Ski Tourers / Snow Shoers	\$5.00 per vehicle	\$5.00 per vehicle	\$5.00 per vehicle	\$5.00 per vehicle	\$5.00 per vehicle	\$5.00 per vehicle	<b>\$5.00</b> per vehicle	<b>\$5.00</b> per vehicle

Justification for a 15% fee increase:

- help to cover additional cost for increased trail grooming (fuel and maintenance costs)
- build up a reserve fund for groomer replacement
- provide opportunity to potentially hire a Ticket Office attendant for weekend coverage

c. Volunteers of the Year

## President's Report

What a ski season we have had and continue to have! In addition to the great skiing we have had, it has also been a note worthy year on a number of different fronts. Our club membership has climbed to a record high of 492 members ( I had hoped we would break the 500 member mark but maybe next year). We hired our first full time coach/Lodge Custodian – Andrei Pascu, introduced many new programs including Masters Ski group, Ski clinics, private coached ski lessons, Mom and Tots ski group ,and a new Skool Ski program. In addition our grooming crew now has 11 members on its roster. The groomers put in a record number of hours to ensure our trails were and continue to be groomed on a regular and timely basis. The Team Scream had the most teams ever enter the event, the Lantern Ski used Mickey's Loop and the Day Lodge to be the centre of activities, and the George Grey (ex-national cross country ski team member) ski workshop weekend was a huge success. Thank you to all of the many club volunteers who made this long list of accomplishments happen. Were it not for the dedication and commitment of our club volunteers, none of this would have happened.

Our plans for the upcoming summer include the replacement of two trail bridges (Creek Crawl and BCIT), building a new open side foot roofed structure to store the Ginzu Groomer and other attachments during the winter months, and a minor trail re-route of BCIT to avoid the steep curve. We will have our annual trail brushing work party sometime in the early fall.

Next year, Cross Country BC has offered the club the opportunity to host the BC Midget Cross Country Ski Championships. This event draws approximately 150 – 200 young skiers and their families for a weekend of fun races and events in early March of 2013. As an Executive, we have accepted this offer and look forward with enthusiasm to hosting this event that will give our Club the opportunity to showcase our excellent ski trails and facilities to skiers from across the province.

Finally, our Annual General Meeting is scheduled for April 16<sup>th</sup>, 7PM at the Day Lodge. We hope you will be able to attend the AGM to hear reports from the Executive, participate in the election of new Directors, raise any questions or concerns you may have, and have one last opportunity to socialize with club members this season.

Dave Kaegi  
Club President

## RNSC Financial Report – Fiscal Year ending March 31, 2012

### Operational Income

	2011	2012
1. Day Use Fees	\$11,851	\$11,160 (\$691 decrease)
2. Memberships	\$31,122	\$35,094 (\$3,972 increase)
3. Day Lodge Rental	\$0	\$350
4. Ski Tour Parking	\$128	\$465

Donations – The club was fortunate to receive donation from the following organizations:

#### Trail Construction

1. Southern Interior Development Initiative Trust - \$50,000
2. CSRD - \$15,000
3. Revelstoke Tourism Infrastructure - \$12,000

#### Other

4. BC Gaming - \$11,500 in support of Children's Programs
5. Columbia Basin Trust - \$8242 for snowmobile and Ginzu groomer purchase
6. Revelstoke Credit Union - \$2,000 for race timing equipment
7. Skookum (\$1000) and Mica Heli (\$500) for racing bibs
8. Arrow Helicopters - \$500 for Dog Loop Maintenance

### Net Income

Special Projects such as purchasing the snowmobile, Ginzu groomer attachment, timing equipment and race bibs were substantially funded by donations. The remaining difference of \$7,968 was paid from the club accounts.

Operational Net Income (not including Special Projects) was \$6,274.

Net Income for 2012 season was the Operational Net Income minus the club contribution for the Special Projects = \$6274 - \$7968 = -\$1693

### Assets

Club assets decreased by \$1693 from \$41,678.11 to \$39,986. This decrease was offset by capital purchases of the ski doo, ginzu groomer attachment, and race timing equipment totalling \$18,459.

For the Trail Construction Funds, of the \$77,000 there is \$39,898 remaining

**Assets at March 31, 2011**

Credit Union account	\$13,678.11
Gaming account balance	\$0.42
Credit Union term deposits	\$28,000.00

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**\$41,678.53**

**Current Statement as of March 31, 2012**

**Term Deposit Assets**

18mo Variable Term	\$10,000.00
3yr Discovery Term	\$5,000.00
Apr 7, 2010 - 3 yr term 3%	\$3,000.00

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\$90.00

**\$18,090.00**

May7, 2011 Interest on 3% 3yr term

**Club Account**

<b>Income</b>	
Category	Total
Bank charges	71.89
Clinic	280.00
Coach - Wages	2,590.24
Day Use Fees	11,159.95
George Grey	790.00
Jerseys	989.51
Lodge Rental	350.00
Masters Skiers	2,700.00
Membership fees	35,094.00
Para Nordic	1,340.00
Parking Lot Fees	465.00
Ski League	755.00
Transfer From Club Acc	1,735.06
Yoga	667.71
<b>Grand Total</b>	<b>\$58,988.36</b>

<b>Expenses</b>	
Category	Total
Bank charges	7.50
Club Events	1,182.80
Coach - Administration	1,189.84
Coach - Expenses	219.52
Coach - Wages	13,737.00
Communications	1,453.89
Day Lodge O & M	8,487.01
Day Use Fees	40.00
George Grey	1,040.50
Groomer - Fuel	6,848.12
Groomer - Maintenance and Parts	4,797.54
Jerseys	1,917.88
Masters Skiers	272.25
Membership fees	5,501.36
Midget Championships	250.00
Office & Admin Supplies	533.91
Other Expenses	208.10
Para Nordic	224.54
Race Team	806.34
Shop O & M	1,861.86
Ski League	347.60
Snowmobile Groomer O&M	1,111.75
Team Scream	536.32
Trail Maintenance	59.00
Transfer From Club Acc	80.00
<b>Grand Total</b>	<b>\$52,714.63</b>





## ***Revelstoke Nordic Ski Club 2013 Budget***

Fiscal	Fiscal
2012	2013
(Actual)	(Plan)

### **Income**

#### **Club Operation**

Day Lodge Rental	350	400
Day Use Fees	11,160	11,500
Membership fees	35,094	40,250
Parking Lot Fees	465	500
Transfer from Reserve	-	-

47,069	52,650
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#### **Youth and Adult Programs**

Clothing	990	
Donations - Ski League Gaming Grant	11,500	8,000
Elementary School Program	400	810
Fundraising (bootle drive/DL camp)	3,132	1,500
Masters Skiers	2,700	3,000
Midget Championships	-	2,000
Ski League Registration Fees	8,580	10,000
Ski Lessons/Clinics	280	500

27,582	25,810
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Total Income	\$ 74,651	\$ 78,460
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**Expenses**

	Fiscal 2012 (Actual)	Fiscal 2013 (Plan)
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**Club Operation**

Book Keeper	-	2,000
Bib Purchase	2,759	
CCBC Registration Fees	4,321	4,500
Club Events	2,466	1,500
Communications	1,468	3,500
Day Lodge O & M	9,151	6,000
Groomer - Fuel	9,167	10,000
Groomer - Maintenance and Parts	6,060	5,000
Groomer - Major Overhaul	-	-
Insurance - buildings & equipment	2,346	2,500
Misc	300	1,000
Office & Admin Supplies	708	500
Shop O & M	1,862	2,500
Snowmobile Groomer purchase	6,038	
Snowmobile Groomer O&M	1,314	1,500
Ticket Office Attendant	-	2,000

\$10 registration fee for each member to Cross Country BC

includes \$1k tool purchase

	47,960	42,500
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**Youth and Adult Programs**

Coaching Courses	1,183	1,000
Head Coach - Wages	12,556	21,233
Head Coach - Expenses	1,409	2,000
Masters Skiers	272	150
Midget Championships	250	
Ski League	4,232	1,500
Clothing	1,918	

Including para nordic;

	21,820	25,883
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Total Expenses	\$ 69,780	\$ 68,383
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<b>Net Income</b>	<b>\$ 4,871</b>	<b>\$ 10,077</b>
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Bruce Granstrom  
Club Treasurer

## 2012 Membership Report

RNSC	2011-12	2010-11	2009-10	2008-09	2007-08	2006-07	2005-06	2004-05
Gross Income	\$42,397.00	\$31,122.00						
less 22 Donations	-\$861.00	-\$760.00						
less Insurance for 459 members	-\$4,940.00	-\$4,590.00						
less Zone4 fees	-\$81.00							
<b>Total Membership Revenue</b>	<b>\$36,515.00</b>	<b>\$25,772.00</b>						
Returning Members	357	338	285	266	270	286	237	256
New Members	135	121	71	66	83	64	34	85
<b>Total Members</b>	<b>492</b>	<b>459</b>	<b>356</b>	<b>332</b>	<b>353</b>	<b>350</b>	<b>271</b>	<b>341</b>
Women	64%	60%	58%					
Men	36%	40%	42%					
FAMILY	32							
INDIVIDUALS	317							
YOUTH	32							
1 COMPS	Pigeon Family							
5 LIFETIMES	Mickey Olson							
	Al & Evelyn McInnes							
	Brian Abear							
	Lionel Wheeler							

## *Para Nordic Report*

The para nordic program is winding up for it's first year. I had 8 users over the course of the 2011/12 season. I had one athlete who competed full time and that athlete and I attended one para nordic camp and have been invited to another camp this coming May. I have not received the balance of the grant that I applied for but I believe that money will come in before the end of May. I still do not have a sit ski built for the club but I'm hoping this will be resolved in the coming months. I haven't had any luck in attracting other para nordic skiers to the program but it's a first step. I have two sit skis to return to Canmore. If anyone is heading that way I would appreciate assistance in returning the equipment as I don't get over there much. Thank you. I have a nice collection of poles and two sets of skis that I will use to start up again next season. Emily Suchy finished her first season as a competitive sit skier. She reached her goals for the season and became the first ever sit skier to earn a medal at the BC Winter Games. Emily also just competed in Golden where she won her first medal against an all able bodied category! What a great way to wrap up our season.

Debbie Koerber,  
Director – Club Registrar & Para Nordic Coach

## Ski League Report

Once again, the Revelstoke Nordic Ski Club's Ski League has held a successful season. Although our overall numbers were down slightly from previous years (76 children, down from 91 last year), after five years of steady growth a slight dip in enrolment is no cause for alarm. By groups the numbers were 17 Bunnies (ages 4 – 6), 24 Rabbits (ages 7 – 9), 14 Track Attack (10 – 12) and 12 Junior Development (13+). In addition, this year a new group was developed for kids 10 and older who did not want to compete. Dubbed the Trail Blazers, this highly successful group had nine eager participants who learned a variety of skills such as fire-making, winter survival and avalanche awareness in addition to their Nordic training. Thanks to the dedication of coaches Ian Brown and Rory Luxmoore, we look forward to being able to offer this non-competitive stream in the future.

This season was an historic one for our ski league because we hired our first professional coach. Due to a variety of challenges, mostly involving the byzantine process of hiring foreign workers, Andrei Pascu was not able to join us until near the end of December. Despite the late start on the season, Andrei has embraced the club and his new charges, and we are very pleased that he will join us again for the 2012 – 13 season. We look forward to having his leadership from September through the entire winter, and anticipate even more growth in our competitive groups under his guidance.

We were able to afford a coach through due a significant increase in registration fees for the competitive groups of Track Attack and Junior Development. In addition we applied for and received a BC Gaming Grant of \$11,000 which helped to offset operational costs of the program. We intend to apply for a Gaming Grant again this summer. We will also be starting the hiring process much sooner, as we were quite surprised by the complexities and length of time it took last year.

Ski League is very grateful to the many volunteer coaches who donate their time and energy to the children's program. This year, Rabbit coaches were: Janette Vickers, Kevin Bollefor, Madeleine Martin-Preney, Matt Smider, Angus Woodman, Ian Brown and Rory Luxmoore. Bunny coaches were Kendra Von Bremen, Eleanor Wilson, Sylvia Woods and Clara Suchy. Bruce Granstrom, who has led the Track Attack group for the past two years, now volunteers as an assistant to head coach Andrei Pascu.

Other highlights:

- We ran an Introduction to Community Coaching course in November, and an Introduction to Training course in January and March (classroom and on-snow sections, respectively)
- We paid for former-National Team member and Olympian George Grey to come for a weekend in February, where he skied with all levels, led clinics on training and nutrition, and gave an excellent evening presentation.

as well as

Mary Clayton  
Director – Ski League

## Junior Development Report

The Race Program got underway with Revelstoke once again holding the Regional Camp. The streets of Revelstoke were taken over by 62 rollerskiing campers during the last weekend of September. Dryland was begun and saw the athletes rollerskiing, running, biking and performing strength exercises. With early season snow we were able to get onto snow by November 15th and start preparing for the first race of the season. Revelstoke Racers were represented at the first two NorAms which were held in December. A training block was held over Christmas and we welcomed our new coach at the end of December. January was started with a BCWG qualifying race which saw Revelstoke qualify 4 racers to go to the BCWG. Revelstoke also had qualified its first paranordic athlete to attend the BCWG in December. Small contingents of athletes attended both the Callaghan Valley and Prince George BC cup races. A larger contingent of racers were present at the BC Championships that were held in Salmon Arm. Revelstoke was also represented at the BCWG and the BC Midget Championships. Finally two athletes from Revelstoke attended the Canadian Cross Country Ski Championships in Mt St Anne, Que. Thanks to Sally Thomson for keeping the program running while waiting for the coach to arrive.

Some individual results were:

Megan Evans, Two Gold medals at the Canadian Championships, First Overall Juvenile Girls Canadian Championships

Brittany Evans, Gold medal Rossland NorAm, Gold medal BC Championships, Gold medal BC Championship Relay

Hanna Thompson, Gold, Silver medal BC Cup #1, Bronze medal BC Championships, Gold medal Aggregate Junior Girls, Gold medal BC Championship Relay

Bronte Viznaugh, Two Silver medals BC Cup #2, Gold medal BC Championship Relay

Daniel Blackie, Bronze medal BC Cup #2

Simon Blackie, Bronze medal BC Cup #2, Bronze medal Aggregate Pee Wee Boys

Alana Brittin, Gold medal BC Championships, Silver medal BC Midget Championships, Silver medal BC Midget Championships Relay

Beth Granstrom, Silver medal BC Championship, Silver medal BC Midget Championships, Silver medal BC Midget Championships Relay

Wade Viznaugh

Director – Junior Development

## Head Coach Andrei Pascu 2011/12 Annual Report

From my perspective as Head Coach of Revelstoke Nordic Ski Club, the Cross Country Skiing Season that just ended had three major components: Masters' Program, Ski S'Kool Program and the Racing Program.

The Masters' Program started on January 10th and ended on March 15th and was attended by a number of 32 members. The sessions were held on Tuesdays from 6,30PM for a group of 24 and Thursdays from 1PM for a group of 8. We have worked alternatively one week for classic and one week for skating technique. It was a hard job both for the members and the coach because it is difficult to change the "bad habits" of adults... But the hard work paid off: at the end of the program I have seen a big improvement for the intermediate level and good technical skills learned by the beginners: it was clear that all of them ski easier, glide longer, doing less effort and feeling more comfortable on their skis. Based also on the feedback I had from the participants, I can say this program was a success.

The Ski S'Kool Program was also a big success for the Revelstoke Nordic Ski Club! This program was delivered for the Grades 4 from Columbia Park Elementary School, Mountain View Elementary School, Mt. Begbie Elementary School and Arrow Heights Elementary School with a total number of 65 participants. Each school had a number of 5 sessions with a total of 10 hrs. on snow for each school group. This program was a success for the Club not only because there were a lot of kids who discovered cross country skiing and enjoyed the outdoor classes... From my point of view it was a success also because we had the chance to meet some very skilled children who were "inoculated" with the "cross country skiing virus" and we will try to get them all next winter in our Jackrabbit Program. For this successful program we have to thank to all the teachers, the parents (some of them members of Revelstoke Nordic) and the volunteer coaches who made this program possible. And a special thanks to Sally Thomson who's energy and joy made us "change the gears" and enjoy more every Thursday morning!

The Racing Program was my major goal for this winter. When I arrived in Revelstoke I have found 4 programs running: Bunnies, Jackrabbits, Track Attack and Junior Development. I put the Bunnies and the Jackrabbits together with the other two groups because I consider them as being not only a part of a Racing Program but maybe one of the most important parts of such a program. At this level you put the basis for the future athletes, you put the basis of their technical skills and, most of all, you make the children LOVE the sport called cross country skiing. I was happy to see the passion and the commitment of the coaches who worked with the Bunnies and Jackrabbits. I want to thank them all for their excellent job: every Saturday, seeing your passion, I felt reinforced! Thank you all!

I know that the first weeks were tough for both Track Attack and Junior Development. I know how tough it is to change the coach: a total stranger comes and takes the place of someone you know for such a long time, of someone you care for, of someone with whom you shared a lot of good and bad moments of your life... I know it is tough, it happened to me also... As tough as it was for the other coaches who had to step back slowly and let me take over... I know it was tough, it happened to me sometime... But I promise you it was very tough for me also: new people, new culture (so different from all the other cultures I've known), new way of thinking about sports (so different from Europe)... It was tough...

But as George Grey said: tough times don't last! And they didn't last because of you: your warm welcoming, your hospitality, your openness and willingness to try new things... You helped me feel like home! You made

me fell welcomed! You made me feel very quickly as being a part of your community! And for all these I thank you all!

My first thought for the Racing Program was that we need a Racing Team: for this the first step was to unify the training sessions for the Track Attack and Junior Development. It was hard at the beginning due to age differences but slowly we have seen that the relation between older and younger athletes gets stronger and stronger. I was happy to see them becoming real team mates and building up friendships.

The second step was to increase the number of training sessions. Again, the beginning was hard but slowly the athletes got used to the idea that winning means more hours of training. The same happened with the training load: starting with easy training sessions we've got in the point where I had to increase the intensity and I had to explain a lot why we are doing it... Finally all the athletes started to understand my principles of training, they started to understand why and when we work on "volume", why and when we work on "intensity", what are the differences between the training zones and many other things.

Looking at the training attendance in the period January-March I can tell you that the average number is 100 hours of training and racing: the leaders are Miika Park (131 hours), Alana Brittin (127 hours), Elizabeth Elliot and Calum Gribbon (118 hours). All the other Racing Team members have between 80 and 112 hours of training, the less being Bronte Visnaugh (50 hours) and Hanna Thomson (34 hours). The toughest month was February when 17 racers had a number of over 20 days of training and racing, the leaders being Miika Park (24 days) and Gina Cinelli, Tayla Koerber and Beth Granstrom (23 days)...

I am sure that now all of them know what to expect in the next winter season. Regarding the on-snow training I can say that all the athletes are aware now of how they have to train during a racing season if they want to win...

For this first season I had no goals put by the club, but I have established some goals of my own: to get medals and top 10 standings at the BC Cup, BC Championships, Western Canadian Championships and BC Midget Championships.

And the hard work of our athletes paid off: Revelstoke Nordic Racing Team had a lot of good results in the major events of the winter.

Even if they had some other major commitments, even if they had their own individualized training plans and they trained just time to time with the rest of our Racing Team, I want first of all to congratulate from all my heart the Evans' siblings: Megan Evans for winning Gold, Silver and Bronze medals at the Canadian National Championships, Gold in the Western Canadian Championships and Gold in the BC Championships; Brittany Evans who even if she was not in her best health, her efforts paid off and succeeded to win a National Bronze medal, among the Gold in Western Canadian Championships and Gold in BC Championships; and Rhys Evans with his Gold in Western Canadian Championships and Gold and Bronze in BC Winter Games. These results made Revelstoke Nordic Ski Club to be known far beyond the provincial frontiers... All three of them have proved once again their talent and I hope they will decide to continue with cross country skiing...

Regarding the athletes who did their training totally in our Racing Program please let me present to you the rest of our Racing Team for the 2011/2012 Winter Season:

- Hanna Thomson - relay BC Champion, BC Cup Overall Winner... a born talent: even she trained the less than everybody else still did some excellent races!



- Bronte Viznaugh - relay BC Champion, she won this year her first individual medals at the BC Cup race in Prince George.
- Gina Cinelli - bronze in the BC Winter Games.
- Tayla Koerber - tremendous progress during the winter, excellent technical classic skier.
- Emily Suchy - Western Canadian Champion, BC Winter Games Champion, BC Champion, one of the most determined athlete I've ever coached in my life.
- Kellen Viznaugh - a huge progress, closing up with the leaders of his age group and very close to the podium in a couple of races...
- Daniel Blackie - improving day by day his technique and his results, he won his first ever individual medals at the BC Cup in Prince George.
- Alana Brittin - the leader of the "new generation", first ever two BC Champion titles and two silver medals at BC Midgets Championships.
- Beth Granstrom - relay BC Champion and two silver medals at BC Midgets Championships, first ever medals in cross country skiing.
- Elizabeth Elliot - relay BC Champion and silver relay BC Midgets Championships, first ever medals in cross country skiing.
- Kate Granstrom - silver relay BC Midgets Championships.
- Miika Park - top 10 at BC Midgets Championships, excellent technical progress and the leader in the training hours - 131 hours of training from January to April.
- Alexis Larsen - top 15 in her first ever official race at the BC Midgets Championships.
- Hayden Mallet - silver at BC Championships, huge technical progress during the last two months.
- Simon Blackie - bronze in the BC Cup Overall Standings and BC Cup #2, first medals ever.
- Calum Gribbon - top ten at BC Championships and top 10 in BC Midgets Championships, the "brave heart" of our racing team, hard worker, very determined and focused.
- Andreas Suchovs - an excellent team member, very good technical skills.
- and even if Cross Country BC said something else I still say that we have a bronze BC Championships Atom Girl - Jaclyn Elliot - and a BC Champion Atom Boy - Nelson Luxmoore.

Also I have to recall Gordon Mason (even he was sick most of the winter, still did an excellent race at the BC Championships), Josi Koerber, Simon Brittin, Francheska Howe and Aleks Klassen.

All these athletes made possible the best ever result for the Revelstoke Nordic Ski Club - 5<sup>th</sup> place in the Overall Club Standings at BC Championships.

I also hope that Sean Ohagan and Gavin Mason will join us very soon after their injuries.

In March our Racing Team got some new members who decided to make the step up from the Jackrabbits level: Hanna Vickers, Jamie Reynolds, Emily MacCloud, Maya McDowell-Stopnicoff and Erik Brosch.

For all these results I have to thank to so many people who helped me in a lot of ways: Sally Thomson and Dave Kaegi, Bruce Granstrom and Rosemary Kelsall, Mary Clayton, Wade and Tammy Viznaugh, Kendra von Bremen and Angus Woodman, Ian Brown, Rory Luxmoore and Sarah Newton, Penny and Richard Brittin, Debbie Koerber, Jane and Keith McNabb, all the athletes and their parents and many, many others... Thank you all!

Also a special thanks to the "waxing team" who helped us a lot in getting to these very good results and to the "grooming team" who did an excellent job and offered us the best conditions to train..

All in all I might say it was a good winter season. But now all of this is history... Now we have to start very soon to prepare the next racing season.

For this we will have a meeting where I have invited all the athletes and their parents and also all the club coaches. During this meeting we will discuss the basic principles of the dry-land training and how we will organize the summer-fall training period. It won't be an easy summer and fall but I'm sure that all the athletes will understand the importance of the dry-land training for a cross country ski racer and they will work hard so next racing season we will get even better results for the Revelstoke Nordic Ski Club.

## Masters Program Report

Ski Program was successful, about 32 participants in 2 time slots, for 10 sessions. Some options will be looked at for next year to break out the skill levels and programming to better accommodate everyone. Possibly 1 program for learn to ski, 1 for technique improvement, and another for advanced technique and fitness.

Wax Clinics - cancelled due to lack of interest

Waxing Equipment - 2 waxing boxes were set up in the wax room for master's use, may seek to continue to improve their contents next year.

Nordic Yoga - just wrapped up, about 20 participants and a successful partnership with Balu Yoga

Races - 4 racers participated in Canadian masters races in Golden, 2 podium finishers. Next year Asiago, Italy for world masters anyone?

Thanks to Andrei (Coach), Shendra (yoga instructor), Wade for his wax clinic offers, the board members for help setting up the programs, and everyone who participated. And to the groomers for the great tracks this year.

Pete Smilie

Master Program Coordinator

## Newsletter and Awareness Report

We sent out four newsletters in the 2011/12 ski season. We have moved to 96% digital emails which saves the club time and money, and saves a lot of paper. We encourage all members to accept newsletters electronically in the future. We will also provide a few paper copies for the lodge.

The Lantern ski was a success this year. Using the main day lodge instead of Ole Sandberg hut brought more kids and families to the event. For next season, we would like to again use the day lodge, but if we can get enough volunteer help, we could also have a box of cookies and a cooler of hot chocolate available at the Ole Sandberg for skiers who wish to ski there with a headlamp.

The website grew to include a calendar and a photo page. The job has also grown. A volunteer dedicated specifically to the website could be very beneficial.

Brendan MacIntosh

## Dog Trail & Users Report

It has been a great winter. I have had fun meeting many RNSC members and their dogs as the club "dog person".

Beginning in November monthly dog loop updates were emailed to all the registered Doggers. The total is now ninety six email addresses which includes 131 RNSC members and around 80 dogs.

As a group the Doggers would like to see a few changes to make the RNSC dog loop even better. The four areas are

1. Decreasing dog/ skiers collisions
2. Keeping Macpherson beautiful
3. Better signage
4. Additional dog friendly skiing

A few changes would move us toward achieving these goals.

At the entrance to the dog loop, near the new sign and highway, a sign is requested describing the expected skier etiquette, a map of the loop, the location of the pay vault, dogger responsibilities, the location of the waste can (behind the lodge) and a warning that dogs may be encountered.

A "hitching post" near this same area would provide a secure, sturdy place to clip your dog while getting organized. Kevin and I have discussed some possible sites and designs.

I have asked a local dog obedience trainer to offer a class geared to Nordic skiing with your dog. This is in the early investigation stage but a few Doggers have shown interest.

A few more trowel/posts are needed along the loop.

The loop has become a regular part of the Dogger's day and increasing the distance would make the outing even more enjoyable.

I will continue to encourage my fellow Doggers to volunteer their time to the club. Donating money to the club when paying their annual membership will also show our appreciation for a very special Nordic club.

Sincerely,

Paula Hill  
Dog Liaison Coordinator

## 2011/12 Grooming Report

Our grooming contingent work very well together this year. We had 11 groomers splitting up the workload but everyone still put in some big days. The big machine was operating over 330 hours this year and the snowmobile saw over 1200 km. From all the feedback I received everyone seemed extremely happy with the grooming...Good work you guys!!!

I would like to thank Al McInnes, Mickey Olsen, Dave Kaegi, Tom Patry, Daryl Ross, Rob Evans, Wade Viznaugh, Kevin Bollefer, Jim Martinuk and new this year; Jeff Ferguson & Mark Davis. This may be Mickey's last year grooming so thanks again for all those years Mickey....hopefully we can still use you to fill in! I would also like to thank Tom Patry from Grizzly Auto for all the time spent on keeping the groomer working this winter. Between him and Al, they ran to our aid whenever there were issues with the machine.

This year we tried to get out on the snowmobile as much as possible with the Ginzu to reduce the cost of fuel and wear on the big groomer. This packed the middle of the trails better for skate skiing. We are planning on purchasing a few new attachments for the snowmobile to make grooming easier with it in wet snow conditions. We are also building a small open air permanent building to house the Ginzu in the winter.

We are currently getting an overhaul completed on our groomer. We have contracted Greg Trigg from Prinoth to do the work which will be completed in the next few weeks in our own shop.

This summer we are planning on replacing two bridges that didn't get completed last year. There is also 300 meters of trail to be built to expand the dog loop and provide an alternate access to the Beaver Lake area.

Hope everyone has a great summer and we'll see you on the trails next year. Keep an eye open for fall work parties!!!

Year	First Setting / Last Setting	No. of Skiing Days	Number of Tracksettings	Revelstoke Snowfall (cm)
2011/12	November 14 – April 15	153	130+	
2010/11	November 26 – April ???	137+	89+	lots
2009/10	December 16 - March 19	93	35	?
2008/09	December 6 - April 7	123	49	384
2007/08	December 3 - April 6	125	48	505
2006/07	November 4 - April 8	155	56	465
2005/06	January 10 - April 1	81	37	224
2004/05	November 25 - March 5	100	N/A	221
2003/04	November 20 - April 3	135	N/A	409
2002/03	December 28 - March 29	91	N/A	198
2001/02	November 30 - April 9	130	N/A	377
2000/01	November 26 - April 1	126	N/A	299
1999/2000	December 7 - April 9	124	N/A	330
1998/99	December 11 - April 4	114	N/A	417
1997/98	December 20 - March 20	90	N/A	231
1996/97	November 16 - March 30	134	N/A	584
1995/96	November 12 - March 31	140	N/A	349
1994/95	November 20 - March 25	125	N/A	263
1993/94	November 27 - March 19	112	N/A	291
1992/93	November 28 - March 19	123	N/A	374
1991/92	November 29 - March 14	106	N/A	344

Kevin Bollefer  
Director – Trails

## Lodge Rental & Use

### Activities:

1. Lodge rentals: The lodge is starting to generate some revenue for the club. There were a handful of rentals by other organizations and businesses and we hope that this facility continues to provide some benefit to the entire community.
- 2, Lodge: The coach/custodian apartment has been fully outfitted and we will be continuing to improve the lodge facilities as we move forward. One of the first upgrades will be the purchase of a commercial grade dishwasher for events. I want to thank all those volunteers who came out for the big fall cleaning - hope to see you out again this fall!
3. Social scene: Several volunteers stepped up to run programs and encourage more use of the lodge by club members. As you know we had parents and tots, and masters programs this year as well as Cathy's amazing presentation on the ski history of Revelstoke! Thank you!

Ian Brown