### **One Day Nordic Clinics**

Sunday, January 6<sup>th</sup>, 9-11 Classic, 1-3pm Skate.
Sunday, February 10<sup>th</sup>, 9-11 Classic, 1-3pm Skate.
\$20 per two hour session. Ideal for intermediate or advanced skiers looking to improve their technique.

# **School Group Lessons**

- All sessions run from 9:15 to 11:30
- Session 1: January 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup>
- Session 2: February 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup>
- Session 3: March 6<sup>th</sup>, 13<sup>th</sup>, 27<sup>th</sup>, April 3<sup>rd</sup>
- Offering a well supported fun Nordic experience.

#### Team Scream

- Saturday, February 9<sup>th</sup>, 2013
- A relay race with teams of one classic and one free technique skier.
- Prize for best Star Wars costume!
- Free! Non members pay trail fee.
- Registration from 9:30 to 10:30, race at 11:00.
- Contact Keith at jkmcnab@telus.net



# Parent & Tot drop-in

Fridays, January 11<sup>th</sup> to February 22<sup>nd</sup>, 9:30 to 11am

- Parents provide cooperative childcare (2:1) of infants and toddlers four years and under, and take their turn to Nordic ski.
- Bring a snack and drink, with a diaper bag and a cell phone.
- A ski pulk is available for loan.
- Free! Non members pay the day use fee.
- Contact joanne.lachance@yahoo.ca

## Lantern Ski

- Tuesday, January 1<sup>st</sup>, 2013, 5-8pm
- Join us for a lantern lit ski around
- Mickey's loop.
- Bring your own mug for Hot Chocolate!

# **BC Midget Championships**

- March 2<sup>nd</sup>-3<sup>rd</sup>, 2013
- Single year categories for the 2000, 2001, 2002 and 2003's.
- Registration at www.zone4.ca, after January 14<sup>th</sup>, 2013.
- Volunteers needed! Contact info@revelstokenordic.org

### Private/Semi Private Lessons

- 1.5 hours
- \$40 private, \$30 each Semi private, \$25 each for groups of 3+.
- Tuesdays, Wednesdays and Thursdays
- Trail Pass extra for non-members
- Bookings through the Revelstoke Outdoor Centre @ 250-814-5060

### **Masters Program**

- Tuesdays, 7-8:30pm, beginning January 8<sup>th</sup>, OR Thursdays, 12:30-2, beginning January 10<sup>th</sup>.
- 10 Sessions, \$120
- Sign up before January 1<sup>st</sup> at the Day Lodge or at Flowt Bikes&Skis
- Sessions will alternate between Skate and Classic techniques.

REVELSTOKE NORDIC SKI CLUB WINTER PROGRAMS AND EVENTS

www.revelstokenordic.org