

Volunteer Coaches Needed!!

The ski league is currently looking for volunteer coaches to help with our Bunny and Jackrabbit programs on Saturday mornings this winter. To coach with the program, you are required to take the Introduction To Community Coaching Workshop (ICC).

Introduction To Community Coaching Workshop (ICC)

Date: Nov 2nd/Nov. 3rd (Friday evening, Saturday full day)

Location: Revelstoke Nordic Ski Lodge

Cost: Revelstoke Nordic Ski League will cover costs of this workshop for volunteer coaches.

New coaches must begin their training by taking STEP #1: Introduction to Community Coach (ICC) Workshop for cross-country skiing! Note that this is a sport-specific workshop, and should not be confused with the generic ICC (theory) courses advertised by the Coaching Association of BC.

- *Introduction to Community Coaching (ICC) Workshop (10 hrs). This program is designed to provide parents and other beginner coaches with basic information and a feeling of confidence as they begin their role as a coach. It teaches coaches how to deliver a series of age-appropriate skill development sessions under the supervision of more experienced coaches. The orientation is to skiers of all age groups with an emphasis on working with children under six years of age ("Active Start" stage of athlete development). Coaches are taught basic coaching skills, how to teach the fundamentals of technique, growth and development considerations, how to create a motivating learning environment, and how to set up a ski playground.
Prerequisite: It is entry level, and there are no prerequisites except enthusiasm and the minimum age requirement of 14 years.*

Community Coaching Workshop (CC)

ICC course is a pre-rec.

Date: November 30-December 2nd

Location: Salmon Arm

Cost: Revelstoke Nordic Ski League will cover costs of this workshop for volunteer coaches.

- *Community Coaching (CC) Workshop (16 hrs). This is the second step in the NCCP coach education program. It provides essential training for coaches delivering skill development programs to children six to nine years of age (the "FUNdamentals" stage of athlete development). This program is designed to train coaches to teach children technical skills, select games that reinforce the technical skill being taught, design and lead on-snow sessions, select and prepare equipment for young children, and make learning FUN. This workshop includes on-snow sessions.
Prerequisite: ICC workshop, enthusiasm and a minimum age of 14 years*

Please contact Janette Vickers if you are interested in becoming involved with this wonderful program!

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